



EASTERN CARDIOLOGY, P.A

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Nuclear Stress Test Instructions for Procedure at Eastern Cardiology, P.A.

PATIENT NAME: _____ Medical Rec # _____

TEST ORDERED: () Adenosine () Dobutamine () Lexiscan () Treadmill

DATE: _____ MONDAY or THURSDAY

TIME: 8:00am 9:00am 10:00am 11:00am 1:00pm

1. Testing is done directly at Eastern Cardiology, PA Greenville office. It is important to arrive promptly, since a late arrival will adversely affect you as well as other patients. 2090-B West Arlington Boulevard, Greenville, NC 27834, telephone number is (252) 757-3333 or (252) 758-3000.
2. To cancel or reschedule this test, you must call our office at least 48 hours in advance or you will be charged \$285.00. Your insurance will not pay the no show fee, therefore you will be billed.
3. Our office will call to remind you of your procedure and if you do not confirm your appointment, your time will be given to another patient.
4. Once you arrive at Eastern Cardiology, P.A. check-in with the receptionist, a Digirad Technician will go over the procedure with you. Any family member will be asked to stay in the waiting area while you are having the procedure. Be sure to shower, wear comfortable shoes and loose fitting clothing. Female patients need to wear a two piece outfit.
5. YOU MAY TAKE ALL OF YOUR NORMAL MORNING MEDICATIONS AS USUAL THE MORNING OF THE TEST, UNLESS YOUR PHYSICIAN INSTRUCTED OTHERWISE. *If you are a diabetic on insulin, take half of your usual morning dose of insulin the morning of the test.*
6. Male patients should not take VIAGRA, LEVITRA, OR CIALIS for at least 48 hours prior to their test.
7. DO NOT drink any coffee, tea, sodas, diet drinks or eat any foods with caffeine for at least 24 hours prior to your procedure. DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR TEST IF YOUR APPOINTMENT IS SCHEDULED BEFORE 12 NOON. IF YOUR APPOINTMENT IS SCHEDULED FOR 12 NOON OR LATER YOU MAY HAVE A LIGHT BREAKFAST (TOAST, CEREAL, OATMEAL, ETC).
8. Please bring 2 snacks (pack of crackers, a sandwich, fruit, juice beverage, etc.). You will eat 2 times during the test. DO NOT EAT UNTIL THE TECHNICIAN ADVISES YOU.
9. DO NOT SMOKE the morning of the test.
10. Allow at least 4 to 5 hours in our office for the entire test to be completed including testing and resting time. You will not be allowed to leave the office during this time.
11. Due to limited seating space in our office, we ask that you not bring more than one person with you. If you drive, you should be fine to come alone.

Revised 07/13